



FOUNDATION FORUM

BACK-TO-SCHOOL NIGHT WAS A GREAT SUCCESS



**THE KICKOFF OF THE CAPITAL
CAMPAIGN FOR THE NEW
PERFORMING ARTS CENTER
WAS CELEBRATED BY STUDENT
THESPIANS AND MUSICIANS.**

While meeting and mingling near the site of the new Performing Arts Center, visiting parents enjoyed food provided by these generous local restaurants: **Rico's, Yogi's, Island Brothers, Flippin' Pizza, El Nopalito and Russo's Pasta**. Many thanks to all for your help in making this one of the most highly attended Back-to-School nights in recent memory.

Photo by Mike McMahon, more photos on page 2

MAKE YOUR DOLLARS WORK TWICE AS HARD!

By Jacqueline Arsivaud-Benjamin

A generous alumni family has announced a **matching gift challenge** for the Performing Arts Center. The Timmstrom Foundation has pledged to match up to \$250,000 of family contributions to the new Performing Arts Center. Become one of the First Families who answer this challenge by making a donation, and your contribution will be doubled by the Timmstrom Foundation. You will also receive an exclusive window decal for your car identifying you as a First Family.

imagine the possibilities



If your combined contribution to



Photo by Sherri Braski

the campaign and the Foundation exceeds \$500, you will also receive an exclusive invitation to a thank you party on October 27th, at a beautiful home in Olivenhain. A surprise speaker will be announced in your invitation. Come mingle with the principal and other parents who are taking a leading role in providing for *all* the students at SDA.



DON'T MISS FIRST FRIDAY COFFEE WITH DR. GAUTHIER

The SDA tradition of First Friday informal meetings between parents and school administrators continues this year. This is a time for parents to get to know Dr. Barbara Gauthier and discuss school issues in an informal atmosphere.

October's First Friday will be held in the B Bldg. Conference Room on October 5 at 7:45am. Coffee is served and all parents are welcome.



A wonderful source for those who can!

MATCHING FUNDS FOR SDA DONATIONS

By Nancy Chapel

Here's something amazing and generous that some American companies quietly offer: matching funds for employee donations to certain charities such as schools. It's almost too good to be true! The San Dieguito Academy Foundation ("SDAF") often falls into this category, making it possible for your personal donation to become even more substantial.

This is a company benefit that often goes unnoticed. **Check with your company's Benefits Department to see if this is something you and/or your spouse may be able to access.** The match could be 50% or 150%, but whatever the percentage, it stretches your personal donation a lot farther. It takes a little time and attention, but is well worth the trouble.

When the Foundation makes their annual plea for funds to benefit SDA, our family sends in at least the amount requested, and checks the box that says, "Yes, my company offers matching funds." However, it takes more than that – the paperwork that makes the process happen has to be company-generated and handed in when the donation is made. By the employee. Only then can the SDA Foundation follow up and get that matching amount, and what a difference this makes!

The most common percentage (of 100%) means that a \$250 donation becomes \$500 after a company sends their portion. This doubling could go a long way in funding items and programs to benefit our SDA students. If some of our employers are willing and able to make charitable donations to those who ask, why not help these funds reach SDA? It's definitely worth pursuing.

If you've already made your donation, it's not too late to look into this and make it happen. And if you have yet to make your family's donation, please look into the matching funds program where you and/or your spouse work. The Foundation office can assist you if you have questions about the process. Contact Sheila Durkin at sdafoundation@sduhsd.net or call 760-753-1121 ext 5085.

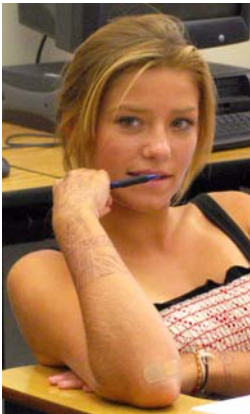
More photos of our talented drama and music students (and teacher), who added so much flair to the Back-to-School night festivities. We thank you for participating!



*Photos by Sherri Braski
and Mike McMahon*

NEW WRITING LAB AVAILABLE

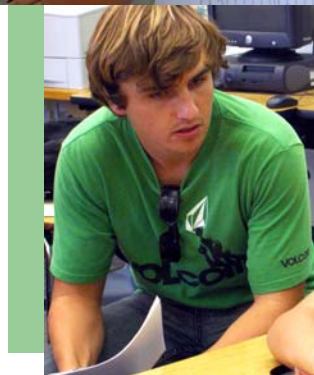
By Heather Wood



The Writing Lab is a fabulous opportunity for SDA students to both improve their writing skills as well as contribute to the unique community that SDA offers. The Writing Lab has been used to help with all kinds of writing, whether it is a science lab write-up, or an analytical essay. The lab is currently located in the library, and teachers can sign-up to use the lab for all periods, Monday through Friday. In addition, students can sign-up individually as long as they have their teacher's approval. We are also working on making the lab available during lunch and after school.

In order to work in the lab, students must first sign-up for the peer-tutoring program and go through two weeks of training. The training provides tools for them on how to work effectively with others while strengthening their own writing skills. Once they understand how they learn, they are more able to help others learn. After they complete the training, we work together with our clients to help students work on their current assignments and build a foundation for their basic writing skills. The students that work in the Writing Lab are in a very fortunate position because they have the ability to make an impact on their peers, and improve their own communication skills simultaneously. The lab has been a valuable tool for students and teachers alike, and we are grateful to the SDA Foundation for making it happen.

Has Your Student Signed Up Yet?



UCSD PROJECT OPTIONS AND SAN DIEGUITO ACADEMY

As you know...

Project Options is a multimillion-dollar prevention study funded by the National Institute of Alcohol Abuse and Alcoholism.

Project Options is a voluntary program for ALL students: those who do not want to start drinking, those who may just be beginning to experiment, and those who may have questions or concerns about a friend's alcohol use and may want to get some information.

Students can participate in one of three different formats: small group, one on one, or on our website.

Project Options meetings focus on **creating awareness of alternatives to drinking alcohol, how to cope with stress, and how to improve your communication skills.**

We are evaluating Project Options!!

- ◆ Last year we had over **200** visits to Project Options at SDA.
- ◆ UCSD evaluates Project Options to get a better understanding about student preferences, as well as what works most effectively.
- ◆ Participants in Project Options last year rated the sessions **4.2** out of **5** (highly satisfied) and rated the session on building communication skills "How to talk your way out of trouble" the highest!
- ◆ Project Options puts an emphasis on meeting student needs.

PROJECT OPTIONS WILL BE BACK IN OCTOBER AT SDA!

For more info you can contact Dr. Sandra Brown at UCSD at 858-822-1887

Student Directory Coming Soon

This year, SDA Foundation will be distributing a student directory to each SDA family. Expected publication date is mid-October. Look for details in the next E-Option/Weekly Bulletin!

THEATRE ARTS COUNCIL UPDATE

Thank you for your donations to our fall fundraising effort to support the Technical Director for our fall show. The production, *The Madwoman of Chaillot*, will show on October 24, 26, 27 and November 1,2,3.

The Theatre Arts Council along with the Music Council is planning a new event for this year, a Cabaret night featuring performances by our SDA theatre and music students. It promises to be a fun evening for all involved.

Save the date of February 1!

PIZZICATO

GOURMET PIZZA

*If you love music...
and you love great pizza,
come to Pizzicato Encinitas...*



and the
**San Dieguito Academy
Music Council**

Student's name: _____

**Get ready for Chicago
or just support Music!!**

The date

**Tuesday,
October 23rd**

The time

**11:00 am to
9:00 pm**

The place

**PIZZICATO
Encinitas
252 N. El Camino Real**

**CALL AHEAD
FOR TAKE-OUT!**

760-635-2800

Check out
our menu at
PizzicatoPizza.com

TURN

Dough
into
Dollar\$

ALL DAY EVENT

PIZZICATO WILL DONATE
25% OF OUR SALES
Directly to the SDA Music Council

Bring this flyer